



**DEPARTMENTS OF THE ARMY AND THE AIR FORCE
JOINT FORCE HEADQUARTERS
OFFICE OF THE ADJUTANT GENERAL - CALIFORNIA NATIONAL GUARD
9800 GOETHE ROAD - P.O. BOX 269101
SACRAMENTO, CALIFORNIA 95826-9101**

CARSD-J1-FP

19 May 2005

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Marriage Enrichment Seminars

1. The state Chaplain and Operation Ready Families Program Office are joining forces to provide a new resource to California National Guard families. Between May and September, several sessions of Marriage Enrichment Seminars will be offered throughout the state. The purpose of the seminars is to coach couples on how to communicate effectively, work as a team to solve problems, and manage conflicts without damaging closeness. The seminar will also teach how to preserve and enhance love, commitment, and friendship. The weekend is designed to be a time when couples come together to focus on those attitudes and skills essential to marital success. Marriage Enrichment seminars offer instruction on ways to improve your marital relationship, cope with separation, and promote successful reunification. The workshop will feature short sessions and allow time for dialogue between participating couples. Couples will be taught in such a manner as to allow them to decide how and when to put into practice what they have learned.
2. The seminar is designed for couples who have a service member who has returned from deployment since 11 September 2001. It is also available to couples whose guardmember did not deploy but has worked in support of deploying units. Couples need to plan on arriving Friday night; registration begins Saturday morning at 7:30 a.m. with seminar sessions starting at 8:30 a.m. (for dates and locations please see attached enclosure) The seminar concludes at 12:00 p.m. on Sunday. A registration fee of \$40 per couple will be required prior to the event. While the registration fee is non-reimbursable, each spouse will receive per diem reimbursement for Friday and Saturday to cover expenses. The registration fee pays for continental breakfasts each morning, as well as a working lunch on Saturday. Couples will be expected to provide for childcare at their own expense in a manner most appropriate to the family; child care will not be available at the site. Each workshop is limited to 30 couples. Dress for all participants is civilian, casual attire.
3. Army and Air Guard participating spouses will be placed on Invitational Travel Orders (ITOs) by the state Operation Ready Families Program Office. This will authorize reimbursement of Friday and Saturday night hotel charges, as well as meals and mileage expenses. Travel vouchers will be completed before participants leave the workshop on Sunday. Military members will require command approval and coordination to participate in a military status for pay purposes.
4. The Operation Family Ready Families Program will provide a room list of attendees for each seminar at the hosting hotel, so it is very important that couples register with the Program Office as soon as possible. Room block cut-off is typically three weeks prior to the event.

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5. Please make checks payable to the Quality of Life Family Program. The enclosed registration form and \$40.00 fee per couple should be submitted to:

**Operation Ready Families Program
California National Guard
ATTN: June Sato
9800 Goethe Road (Box 54)
Sacramento, CA 95827**

Please register no later than the designated suspense date on the registration form. For seminar information call Chaplain Tim Thompson at (916) 854-3398, or Mrs. June Sato at (916) 854-3345 for registration information.

A handwritten signature in black ink, appearing to read "Louis J. Antonetti", with a long horizontal stroke extending to the right.

LOUIS J. ANTONETTI
Brigadier General
Deputy Adjutant General,
Resource Services Division

Encl
Registration Form

DISTRIBUTION
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Marriage Enrichment Seminars
California National Guard

Which Seminar do you wish to attend? _____
(Date and site)

Month	Dates	Location	Suspense Date to Register
May	21-22	Anaheim	N/A
Jun	4-5	Petaluma	N/A
	18-19	Sacramento	1 Jun 05
Jul	9-10	San Jose/Fresno	24 Jun 05
	23-24	Sacramento	11 Jul 05
	30-31	Pomona	15 Jul 05
Aug	13-14	San Jose	29 Jul 05
	20-21	Sacramento	8 Aug 05
	27-28	Pomona/Fresno	12 Aug
Sep	10-11	Anheim	25 Aug 05
	24-25	San Jose	9 Sep 05

Husband's Name: _____ Wife's Name: _____

Non-military member's Social Security Number (required for the invitational travel order)

_____ - _____ - _____

Best Mailing Address: _____

(Please include zip code and any required apartment number)

Phone Number: (_____) _____

Email Address: _____

Any special dietary needs: _____

Please mail the completed registration form and the \$40.00 seminar fee (made out to "Quality of Life Family Program") to:

Operation Ready Families Program
California National Guard
ATTN: June Sato
9800 Goethe Road (Box 54)
Sacramento, CA 95827

If you have questions, please contact no later than the designated suspense date, on the registration form. For more information call Chaplain Tim Thompson at (916) 854-3398 or Mrs. June Sato at (916) 854-3345.